

NEW LIFE NEWS

"FOR WITH GOD NOTHING WILL BE IMPOSSIBLE." LUKE 1:37



ANGIE'S JOURNEY: SPIRITUAL AND SELF GROWTH

"If you ask my family, and even Carla, they will all say I'm a different person now. I've grown spiritually and have become more responsible and dependable," shares Angie, one of the women we have had the blessing of meeting through the Women's Life House. But this change did not come without having to learn and overcome trails.

Before coming to the Women's Life House, Angie was at a rehab center in Merrillville, Indiana. While there, she completed a 30 day detox program for alcohol and drugs before moving to a 28 day program to learn coping skills and therapy to retrain her brain from the abuse it suffered while in addiction. "Prior to leaving these programs, I met with a counselor. I expressed to the counselor that I wanted to go to a faith based sober living home," Angie shared, "and she found the Women's Life House for me."

Like any woman who enters the Women's Life House, Angie began in the Step Up House. "Throughout the program, I've learned structure and, through the goal setting class, I was able to obtain my driver's license, bought a car, obtained a good paying job, and was supplied with all the tools to be led back to Christ," says Angie.

Angie graduated the Step Up House after about eight months in the program. It was a blessing to celebrate alongside her during this time. Also, around this time we were transitioning our Women with Children's Home into the Women's Life House – Fresh Start House. Angie became one of the first women to become a part of this program.

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Moving into the Fresh Start House is not a requirement. Women are given the choice and are highly encouraged by the director and staff of the home, but the final choice to move into this home comes from the women in the program. "I chose to go to the Fresh Start House because I knew I needed more time to grow," explains Angie, "and being there has let me have my boys come and stay on weekends and holidays."

Angie's journey and time in the Women's Life House has been encouraging to witness and we are proud of the work she has put in. She is not the same woman she was when she entered the program, but that is a good thing. She has worked hard

and has made many great changes during her time in the program and changes that have been for the better.

Angie's final thoughts were full of gratitude and hope. "I'm very grateful for the Women's Life House, the staff, and my new family at New Life Fellowship Church," says Angie. "And as for my plans for the future, I have a couple in mind, but ultimately, I'm just letting Jesus take the wheel."

MEAL MINISTRY NOW SERVING WEEKDAY LUNCHES

After many months of preparations and arranging volunteers, we are officially ready to expand our Meal Ministry hours!

Starting February 1, New Life Ministries will begin serving free lunches at the Meal Ministry on Mondays-Fridays from 12:00pm-1:00pm. God has greatly blessed us and we look forward to offering these weekday lunches to the community. As always, these meals are free and are open to anyone in the community.



These new lunch hours will be in addition to our original hours. We will still continue to serve free dinners Mondays-Fridays from 6:00pm-7:00pm and Saturdays-Sundays from 5:00pm-6:00pm.

If you would like to support the Meal Ministry, you can do so by donating food, donating funds (you can give online or make checks payable to New Life Ministries), or volunteering to serve lunch or dinner to the community. If you would like to help in any way, contact our Meal Ministry Director, Bob Burnsworth, at 260-519-3637.